

SAFEGUARDING & PREVENT NEWSLETTER

December 2023

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[safeguarding team](#)

available between 08:30 and 16:30 with option to leave a voice message. Note the line will be voicemail only between 22nd December (16.30) and 2nd January (08.30).
In case of immediate danger call 999.



Christmas and crowded places - run, hide, tell. Sadly, it is that time of year again to be mindful that large crowds can be an attraction for those wishing to inflict harm on people.

WOULD YOU KNOW WHAT TO DO IN THE EVENT OF A TERRORIST ATTACK?

In the unlikely event of a terrorist attack, remember to follow **RUN HIDE TELL** – guidance which can be applied to many situations and places.

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- Escape if you can
 - Consider the safest option without exposing yourself unnecessarily
 - Can you get there without exposing yourself?
 - Insist others leave with you
 - leave belongings behind
 - do not attempt to film the incident, just RUN!



- If you cannot run then hide
- find cover from gunfire
- if you can see the attacker then they may be able to see you so hide better
- Be aware of exits
- Try not to get trapped
- Be quiet, put your phone on silent, not just vibrate
- Lock, barricade and move away from the door



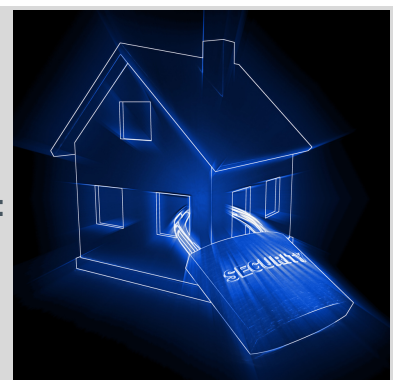
- Call 999 when safe to do so
- if you cannot speak or make a noise, listen to the instructions given by the call handler.

PROTECT UK WEBSITE

Looking for a useful gift for yourself or family this Christmas? Consider buying smart plugs and bulbs. Home automation means you can set your lights to come on remotely from your mobile phone - meaning your home will look occupied even if it isn't.

Using a WIDE combination of home security provides more protection against burglary:

- **W**indow locks
- **I**ndoor lights
- **D**ouble or deadlocks fitted to doors
- **E**xterior lighting on a sensor



This month's newsletter focuses on domestic violence and other pressures that some may face this time of year (if you are in danger call 999 immediately)

Reports and incidents of domestic abuse always increase during the Christmas period.

Increased alcohol consumption or stress over money or how to juggle everything at Christmas is not an excuse.

Abuse is power and control. Although certain times of the year can make it worse, they will use what they can to justify their behaviour and continue abusing.

Domestic Abuse is an incident or pattern of incidents of controlling, coercive, threatening, degrading and violent behaviour, including sexual violence. In the majority of cases by a partner or ex-partner, but also by a family member or carer. Domestic Abuse can be experienced by anyone over the age of 16 and it is very common.

It can include, but is not limited to:

- coercive control, a pattern of intimidation, degradation, isolation and control with the use or threat of physical or sexual violence
- psychological and/or emotional
- physical or sexual
- financial or economic
- harassment and stalking
- online or digital

MAKE YOURSELF HEARD!

If you are in danger and need the police but can't speak

- dial 999
- listen to the questions from the operator
- respond by coughing or tapping your phone if you can
- if prompted press 55, this tells the operator it's a genuine call and you'll be put through to the police

You may not experience domestic violence yourself but suspect a friend, colleague or family member is... here are some signs to look out for and remember that DV happens to men as well as women:

Physical

- broken bones
- bruises
- changes to appearance, for example the way they are dressed
- cuts
- limping
- whether they now wear more/less makeup changes in their weight

Behavioural

- anger, irritability, difficulty regulating emotions
- appearing uncomfortable, withdrawn, nervous or tense
- minimising worrying behaviours
- using coping mechanisms for example self-harm, drugs and alcohol

Practical

- no control over finances, for example no access to a bank account
- unable to answer the phone
- unable to leave the house
- unable to socialise, obtain education or employment
- witnessing violence whether that's visually or audibly

Support available

- [Women's Aid](#) live chat 10am – 6pm seven days a week
- [National Centre for Domestic Violence](#)- 0800 270 9070 or text NCDV to 60777
- [Mankind](#) or call 01823 334244
- [Men's Advice Line](#) 0808 8010327 or info@mensadviceline.org.uk
- [National Domestic Abuse Helpline](#) - 0808 2000 247
- [GALOP LGBT+ Domestic Abuse helpline](#) - 0800 999 5428
- [National Debtline](#) - tips on how to manage your money this December

ADDITIONAL RESOURCE, TIPS AND ADVICE

Prevent awareness training for Education (DfE):

17th January 2024 (4pm-5.30pm) - [Online Prevent awareness workshop for staff in the Education sectors](#). This online workshop will equip staff with a clear understanding of these responsibilities as well as learning what the relevant current terrorist & extremist threats are. Attendees will have the chance to explore questions they might have about the Prevent Duty or other issues linked to extremist & terrorism.



The workshop will be delivered by Sam Slack, the Dept for Education's East Mid's Prevent Coordinator using MS Teams.

Alternative date for the above training is 13th February 2024 (10.30-12 noon) [Online Prevent awareness workshop for staff in the Education sectors](#)

Prevent Planning Webinar for FE Skills Providers:

16th January 2024 (10.30-12 noon) [A free webinar event for FE Skills to help to embed the Prevent Duty](#). The webinar will focus on both the strategic requirements of providers as well as emerging good practices in the operational implementation of the Prevent Duty. The webinar will consider the challenges faced by training providers of all types, sizes & geographical coverage.

The session covers how to:

- undertake an effective Prevent risk assessment & create a fit for purpose action plan
- The importance of well engaged senior leadership in the process, what good partnerships are available & how A free webinar event for FE Skills providers subject to help them to embed the requirements of the Prevent Statutory Duty they can utilise
- Prevent training – who should receive it, what should it include & signposting to resources that are available?
- British Values – how important is it & how do I embed it with learners
- Signposting to networks & sources of ongoing support

Prevent Duty Risk Assessments - the [linked](#) templates can support you to assess the risk of children, young people or adult learners being radicalised into terrorism, including online.

The risk assessment template can help you demonstrate an awareness and understanding of the terrorism threat in the local area, the phase of education and the size and type of setting.

The use of these templates is not mandatory, but the guidance does refer to statutory requirements of the Prevent duty.

We wish you a safe and restful December break and for those that celebrate Christmas, your Serco Skills and Training Services Safeguarding team wish you a very merry Christmas. Stay safe, stay healthy, stay vigilant and all the best for 2024.

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